Five Reasons to Make the Move to an Assisted Living Community

With personalized care options, dining and wellness amenities, fellowship and engaging programming and much more, assisted living sounds like an enticing option for older adults looking to make the move. From the moment you set foot in your new home, you'll know your future is secure.



1. Carefree Living.

Worry less while we take care of year-round lawnwork and all necessary home maintenance. Covenant Living is designed from the ground up to ensure a safe and comfortable environment that minimizes the risk of hazards like serious falls. The availability of onsite transportation allows for easy access to leisure shopping trips or medical appointments. A variety of dining venues encourages you or your loved one to eat with friends and alleviates the need to cook.

2. Socialization.

Staying engaged is especially important for older adults to maintain social skills, be active, reduce anxiety and prevent depression. Residents can join clubs, volunteer for important causes, and take part in engaging healthy aging opportunities to build new relationships every day.

3. Peace of Mind.

When families bring their loved ones to an assisted living community, they begin a new chapter of their lives, one where worry doesn't creep in at the back of the mind. It's a relief for the residents, too: they no longer have to worry about the unknown. Responsibilities are taken on by the community to ensure the safety, health and wellness of their residents, so you can rest easy knowing your loved one is in good hands.





4. Needs Catered to.

Our assisted living residences are designed to foster independence, and the services we provide cater to residents' needs as they age. From offering helping hand with aspects of daily life, to more comprehensive, round-the-clock care, our teams are here to answer the needs of our residents should they change.

5. Amenities.

Through the LifeConect Wellness Partnership at Covenant Living Communities and Services, our residents have the opportunity to pursue their unique passions and interests on their journey to enhanced wellness. The variety of resources, activities, and programs within each community is completely customizable and allows residents to focus their time and energy on what means most to them, while also giving them the opportunity to explore new things.

Please select one of our locations by visiting <u>www.covliving.org/locations</u> to learn more about Assisted Living.



Learn more about our family of communities at <u>https://covliving.org/</u> For Sales or Health Care Information: (888) 401-6459

